

**Rani Anna Government College for Women, Tirunelveli -8.
National Service Scheme-Unit No:003 and 143**

**Personality Development Program Report
(02.09.2025-04.09.2025)**



Rotary
District 3212



RYLA





Rotary Club of Tirunelveli Central

**RANI ANNA
GOVERNMENT COLLEGE
FOR WOMEN, TIRUNELVELI.**



02.09.2025 to 04.09.2025



President
Rtn. **V.PRABAHAR JAMES**

RYLA Chairman
Rtn. **S.MURUGAN**

Pilot Faculty
Rtn. **K R KARPOOR**

Secretary
Rtn. **M.PARAMASIVAN**

ROTARY CLUB OF Tirunelveli Central

RYLA @RANI ANNA COLLEGE-Tirunelveli-2nd Sep to 5th Sep 2025



வையத் தலைமை கொள்

DATE	TIME	Particulars	
2 nd Sep 2025	10.00	RYLArians Assemble at the Hall	
	10.15	INAUGURATION	
	10.45	தயக்கம் உடை	Rtn K R Karpoor
	11.15	Tea Break	
	11.30	வையத் தலைமை கொள்	Rtn.Neethi Gurusamy
	12.45	LUNCH	
	1.30	ஞாயம்பட உரை	Rtn K R Karpoor
	2.45	Assignment Announcement	Rtn Thanga Vijaya
	3.00	Day 1 Ends	
3 rd Sep 2025	10.00	Recap	Rtn.Karpoor
	10.15	சிந்தனை செம்மை செய்	Rtn,Karpoor
	11.15	Tea Break	
	11.30	துணிவு கொள்	Rtn.Anandy
	12.45	Lunch	
	1.30	வலைதளங்கள் ,வளைதலங்களா ?	Jc Sagaya Vivek
	2.45	Assignment Announcement	Rtn Thangavijaya
	3.00	Day 2 Ends	
4 th Sep 2025	10.00	Recap	Rtn Karpoor
	10.15	பருவத்தே பயிர் செய்	Rtn Thanikai
	11.15	Tea Break	
	11.30	ஊன் ஏஜ் பருவம் -எதிர்காலத்தின் அடித்தளம்	Rtn K C Gurusamy
	12.45	Lunch	
	1.30	Valedictory	

Program Overview

The National Service Scheme Unit no:003 and 143 of Rani Anna Government College for Women, Tirunelveli-8 and Rotary Club of Tirunelveli jointly organized a three-day Personality Development Program from September 2-4, 2025. The program was designed to enhance students' personal and professional development through structured training sessions and interactive workshops.

Day 1 - September 2, 2025

Time: 9:00 AM - 9:30 AM

Participants: Principal, Rotarians, Pos, Students

The day commenced with systematic assembly and registration of participants. Welcome arrangements were completed and program materials were distributed to all attendees.



Rotary
District 3212



RYLA



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INAUGURAL CEREMONY

02.09.2025 | 10.00 am

**RANI ANNA GOVERNMENT COLLEGE
FOR WOMEN, TIRUNELVELI.**

Chief Guest

Rtn. Neethi Gurusamy

District RYLA chairman



**Host :
Rotary Club of Tirunelveli Central**

President

Rtn. V.PRABAHAR JAMES

Secretary

Rtn. M.PARAMASIVAN

RYLA Chairman

Rtn. S.MURUGAN

Pilot Faculty

Rtn. K R KARPOOR

Rotary Club of Tirunelveli Central

Inauguration Ceremony

Time: 10:00 AM - 10:30 AM

Dignitaries:

Principal Dr.A.Theeba, RAGC.

Chief Guest: Rtn.Neethi Gurusamy,
District RYLA chairman, Rotary Club of Tirunelveli.

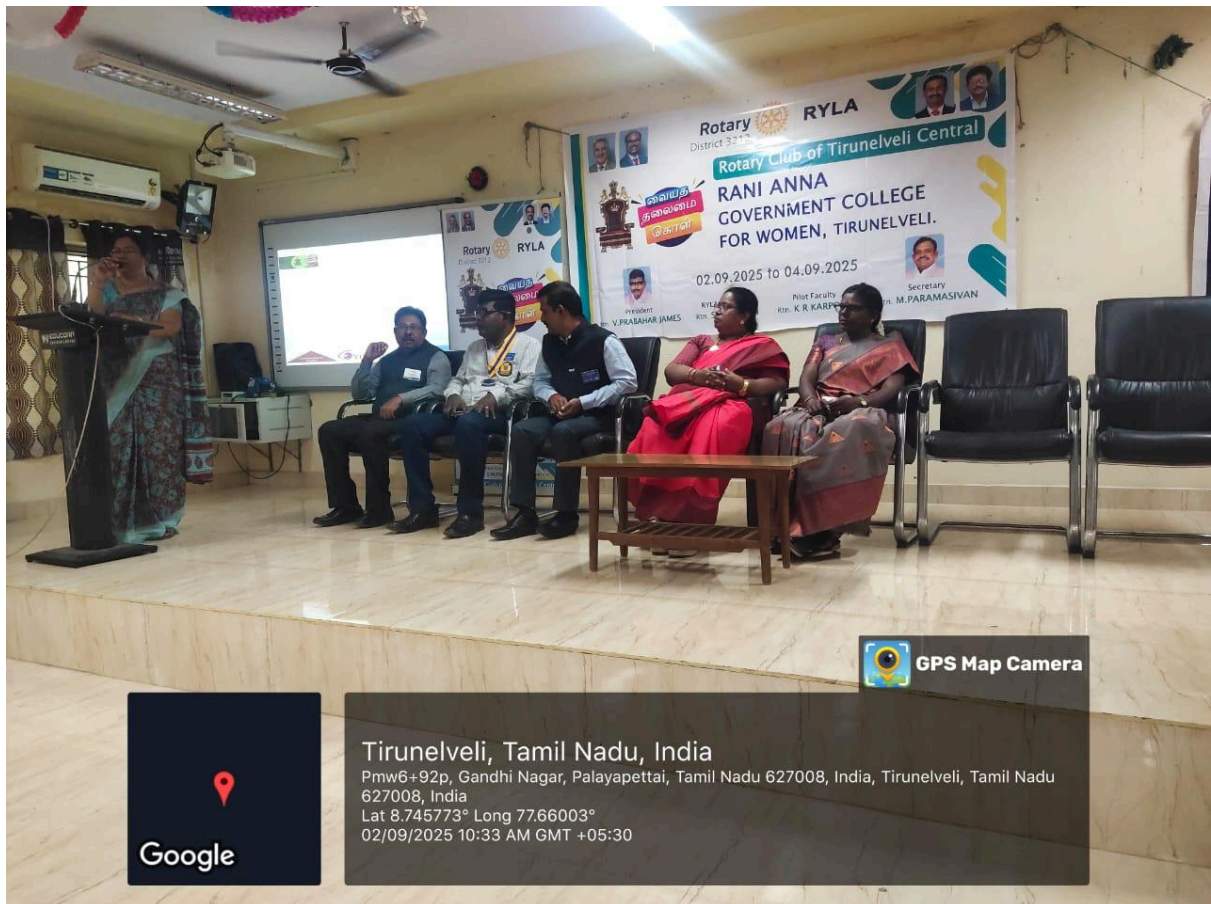
Pilot Faculty: Rtn. K.R.Karpoor

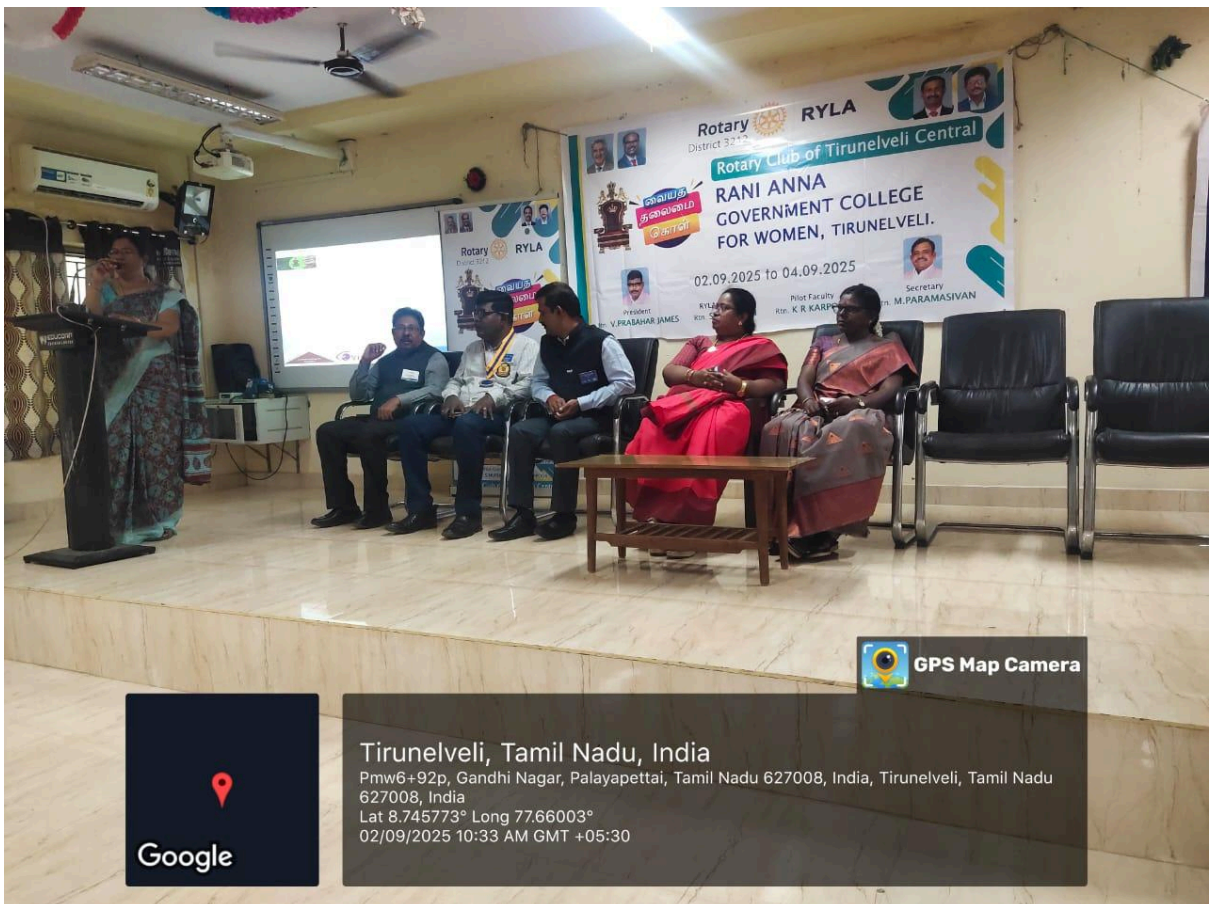
Organizing Committee:

Dr.M.Anees Fathima, NSS PO, Unit No:003, RAGC.

Dr. T.Selvi., NSS PO, Unit No:143, RAGC.

The formal inauguration featured **Tamil Thai vaazhthu**, welcome addresses, and motivational speeches from distinguished guests. The Chief Guest officially inaugurated the program, emphasizing the importance of personality development in today's competitive world.





Session 1: தயக்கம் உடை (Overcoming Hesitation)

Time: 10:45 AM - 11:45AM

Resource Person: Rtn. K.R.Karpoor

This session focused on helping students identify and overcome personal barriers that create hesitation in various situations. Through interactive discussions and confidence-building exercises, participants learned practical techniques to build self-assurance and tackle challenges with greater confidence.



Session 2: வையத்தலைமை கொள் (Global Leadership)

Time: 12:00PM - 1:00 PM

Resource Person: Rtn. Neethi Gurusamy

The session emphasized developing leadership qualities with a global perspective and cultural awareness. Students engaged in case studies of successful international leaders and participated in activities that enhanced their understanding of leadership principles in diverse environments.



Session 3: குயம்பட உரை

Time: 1:30 PM - 2:30 PM

Resource Person: Rtn.K.R. Karpoor

This communication skills session aimed to help students overcome fear of public speaking and improve their overall communication abilities. Participants practiced through impromptu speaking activities and learned voice modulation techniques to express themselves confidently in various settings.



Assignment Distribution

Time: 2:45PM - 3:30PM

Coordinator: Rtn. Thanga Vijaya

Assignment guidelines were distributed with clear instructions for individual reflection exercises and group collaborative tasks. Students received evaluation criteria and submission timelines to ensure proper completion of practical activities based on the day's learning.



Day 1 Summary

The inaugural day successfully established a strong foundation for the program with high student participation and positive feedback. All planned activities were completed effectively, demonstrating excellent coordination between NSS and MNC Club organizing teams.

Day 2 - September 3, 2025

Quick Recap Session

Time: 10:00 AM - 10:15AM

Facilitator: Organizing Committee

The second day began with a brief recap of Day 1 learnings and key takeaways. Participants shared their experiences from the previous day's sessions and discussed how they applied the concepts in their assignment activities.

Session 4: சிந்தனை செம்மை செய் (Refining Thought Process)

Time: 10:15 AM - 11:15 AM

Resource Person: Rtn. K.R.Karpoor

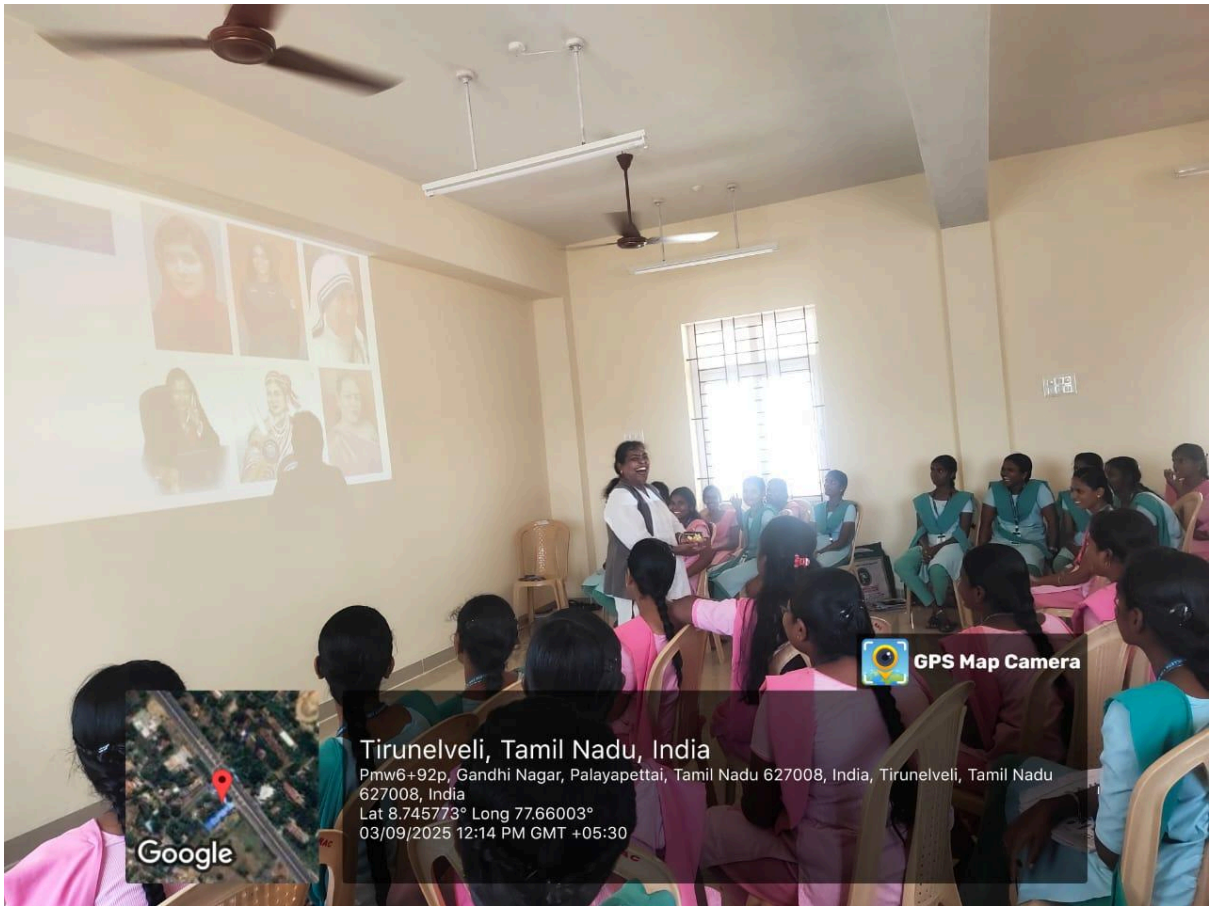
This session focused on developing clear and structured thinking patterns for better decision-making and problem-solving. Students learned techniques to organize their thoughts effectively and practiced methods to approach challenges with a systematic mindset.

Session 5: துணிவு கொள் (Embracing Courage)

Time: 11:30 AM - 12:45 PM

Resource Person: Rtn. Anandhi Gurusamy

The session emphasized building courage and boldness in facing life's challenges and opportunities. Participants engaged in activities designed to push their comfort zones and learned strategies to overcome fear-based limitations in personal and professional scenarios.



Session 6: வலைதளங்கள் வளைதலங்களா? (Are Websites Complications?)

Time: 1:30PM - 2:30PM

Resource Person: Rtn.Sahaya Vivek

This contemporary session addressed the impact of digital platforms and social media on personality development. Students explored how to navigate online spaces effectively while maintaining authentic self-expression and learned to use technology as a tool for positive growth rather than a source of complications.





Assignment Distribution

Time: 2:45 PM - 3:30 PM

Coordinator: Rtn. Thanga Vijaya

Day 2 assignments were distributed focusing on practical application of refined thinking, courage-building exercises, and digital wellness activities. Students received guidelines for self-reflection tasks and preparation materials for the final day's presentations.

Day 2 Summary

The second day successfully built upon Day 1 foundations with advanced sessions on thought refinement, courage development, and digital awareness. High engagement levels were maintained throughout all sessions with active participation in discussions and practical exercises.

Day 3 - September 4, 2025

Quick Recap Session

Time: 10:00 AM - 10:15 AM

Facilitator: Organizing Committee

The final day commenced with a comprehensive recap of the previous two days' learning outcomes. Participants reflected on their personal growth journey and shared insights gained from the various sessions and assignment activities.

Session 7: Behaviour Management

Time: 11:30 AM - 1:00 PM

Resource Person: Rtn. K.C. Gurusamy

The session focused on understanding the critical importance of teenage years in shaping future success and character. Participants explored how current choices and habits during their formative years directly impact their long-term personal and professional outcomes.





Session 8: பருவத்தே பயிர் செய்

Time: 10:15 AM - 11: 30 AM

Resource Person:Rtn. Thanikai

This session emphasized the importance of utilizing the right opportunities at the right time for personal and career development. Students learned about timing in decision-making and how to recognize and capitalize on appropriate moments for growth and learning.



Valedictory Ceremony

Time: 1:45 PM - 3:00PM

The afternoon was dedicated to the formal conclusion of the program featuring student presentations, feedback sharing, and certificate distribution. Distinguished guests delivered closing remarks, acknowledging participants' active involvement and encouraging continued application of learned skills.

Program Conclusion

Time: 3:00 PM - 3:30PM

Final Activity: Vote of Thanks and Group Photo

The three-day Personality Development Program concluded successfully with participants expressing gratitude to organizers and resource persons. A group photograph marked the end of this transformative learning experience, with students committed to implementing their newfound skills in daily life.

Overall Program Assessment

The three-day Personality Development Program achieved its objectives through well-structured sessions led by experienced resource persons. The collaborative effort between NSS and Rotary Club of Tirunelveli resulted in smooth program execution and enthusiastic student participation throughout all activities.